

*August*  
*2017*

# Alaska Veterans and Pioneers Home

## Activities

**August 1 @ 9:30**  
Scenic Drive and Picnic  
"Hatchers Pass"

**August 2 @ 11:30**  
Pig Roast by Nix Family

**August 4 @ 2:30**  
Live Music by "Tim and  
Natalie"

**August 7, 14, 21 & 28 @ 9:30**  
Chair Yoga with Perk

**August 8 @ 9:30**  
Scenic Drive and Picnic  
"Eklutna Tail Race"

**August 9 @ 5:30**  
Country Music by "Peas and  
Carrots"

**August 18 @ 5:00**  
Festive Meal & entertainment  
with "Borealis Dancers"

**August 24 –Sept. 1**  
Alaska State Fair

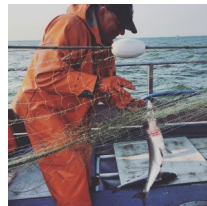
**August 25 @ 9:30**  
Food Forum with James

**August 26 @ 11:00**  
Alaska State Fair Parade

## From our Administrator

Hello August!

Alaska is a little ahead of schedule when it comes to harvest and the first fruits have already arrived in the form of salmon from Copper River and Bristol Bay. Thanks go out to the fisherman who were gracious enough to provide Harry Moore (son of resident Jan Moore) and Dana and Brenda Becker (former resident Hoppy Boyd's daughter and son in law). Thank you also to Teresa Nix (Food Service Employee) and her husband Ray for donating a pig for our Pig Roast.



Also, Norm Bean and our gardeners are starting to bring in the vegetable harvest to sell on behalf of the residents with proceeds going to donated funds.

Roy Hooper continues to be dedicated to his favorite project the "old 557" restoration and he is very actively fundraising for it.



We are continuing to ensure that we make good decisions with our energy bill and so we turn off the room lights when they are not in use, install high efficient LED bulbs where possible. We're open to suggestions from any of you who have ideas.

Be prepared:

- The Alaska State Fair is coming up this month and yet again donations have come in to ensure that all of the elders that want to go, can go. The Parade as always will travel through the AVPH parking lot August 27<sup>th</sup> at 11:00am

## **Volunteers Needed for the Fair**

It is almost time again for the Alaska State Fair and we are looking for volunteers to accompany residents. Tickets for admission and transportation will be provided or you can meet us there. We will be taking residents on August 24, 25, 28, 30, 31, and September 1. To volunteer or for more information, talk to or call Celia or one of the Activities staff. 761-6530



## **Around the Home**



**Residents take advantage of the beautiful weather to get outside for picnics, music, weeding the flower beds and working in the gardens.**



**When the weather isn't so nice, a picnic in the pavilion is a great option.**



**Residents enjoy when volunteers come to play music and share their time and talent with us.**



## **From the Kitchen**

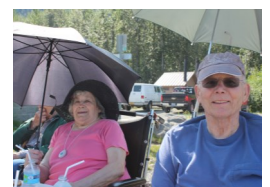


Mat Su Senior Center joined us on July 3 for an Independence Day Celebration Picnic and BBQ. The food was delicious, the music was lively and the company was wonderful. On the 4th of July the Lions Club came and prepared a Halibut feast for us which was also delicious and a lot of fun.

James Benard, the Food Service General Manager has been doing a Food Forum for our residents and at the last one, he did a cooking demo which was enjoyed by all who attended.

This month we are looking forward to a Pig Roast on the 2nd and a Festive Meal on the 16th.

## **Out and About**



Eklutna Tail Race was a great place to take the residents fishing and have a picnic lunch. Although no fish were caught, it was gorgeous day to be out there. They also enjoyed a scenic drive and picnic up to Hatcher's Pass on another beautiful day!



# HAPPY BIRTHDAY



## August Birthdays

### Residents

08/02 Harold "Hoss" Peddie

08/08 Edwin "Ed" Askelin

08/13 Roy Hooper

08/15 Robert "Bob" Jobson

8/18 Clarence "Bill" Walker

08/18 Mary Broughton

08/27 Richard "Dick" Kasper

08/28 Walter "Doc" Cunningham

08/29 Larry Senseney

08/31 James "Jim" Miller

### Employees

08/01 Adriana Shipowick

08/02 Sherry Roehl

08/07 Danielle LaCroix

08/08 Juthamat Degagne

08/09 Brianna Garwick

08/09 Sharon Schober

08/13 Natalia Nagibina

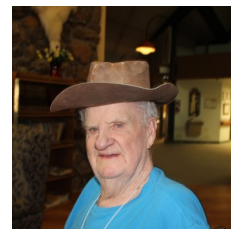
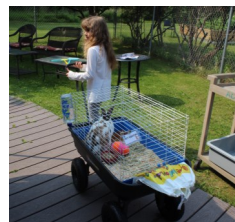
08/22 DelRaye Staricha

08/27 Donna Carlson

08/28 Linda Allender

08/28 Richard Dortland

## Random Photos



There always seems to be something happening around the home to keep us entertained.